

# Idle Parent Why Less Means More When Raising Kids

**Raising Good Kids** Louise Bates Ames,Ames.1993-06 From a foremost expert on child development comes welcome advice for parents on one of the toughest areas of raising kids--discipline. Relying heavily on the belief that child behavior develops in a highly patterned manner, Ames outlines expected behavior for infants through ten-year-olds. In a clear, concise manner, this helpful volume provides ground rules for children's mealtimes, bedtimes, chores, household responsibilities, and more.

[A woman's world, a better world ?](#) Muriel de Saint Sauveur.2014-11-21 What would our planet be like if women were in charge ? Would it be different ? What would be the fundamental changes to our lives ? These are the questions Muriel de Saint Sauveur poses to one hundred economically, politically and culturally prominent women, coming from thirty-three countries across five different continents. Amongst them are the Chinese writer and photographer Xiao Hui Wang ; Assana Sangare-Ouattara, deputy of the National Assembly in the Ivory Coast ; the Egyptian businesswoman Loula Zaklama and also French women including Françoise Gri, president of Manpower France and Marie-Jo Zimmermann, president of the French National Assembly's delegation on women's rights and gender equality. More involved, more ambitious and less egocentric, their priorities are different to those of men. Economy and strategy are not at the top of their lists, instead they view education as an essential objective towards social emancipation and living together in harmony. Their optimistic perception of the world envisions an organisation different to that of our society today.

[Ten Ways to Destroy the Imagination of Your Child](#) Anthony Esolen.2023-07-18 Play dates, soccer practice, day care, political correctness, drudgery without facts, television, video games, constant supervision, endless distractions: these and other insidious trends in child rearing and education are now the hallmarks of childhood. As author Anthony Esolen demonstrates in this elegantly written, often wickedly funny book, almost everything we are doing to children now constricts their imaginations, usually to serve the ulterior motives of the constrictors. Ten Ways to Destroy the Imagination of Your Child takes square aim at these accelerating trends, in a bitingly witty style reminiscent of C. S. Lewis, while offering parents—and children—hopeful alternatives. Esolen shows how imagination is snuffed out at practically every turn: in the rearing of children almost exclusively indoors; in the flattening of love to sex education, and sex education to prurience and hygiene; in the loss of traditional childhood games; in the refusal to allow children to organize themselves into teams; in the effacing of the glorious differences between the sexes; in the dismissal of the power of memory, which creates the worst of all possible worlds in school—drudgery without even the merit of imparting facts; in the strict separation of the child's world from the adult's; and in the denial of the transcendent, which places a low ceiling on the child's developing spirit and mind. But Esolen doesn't stop at pointing out the problem; he offers clear solutions as well. With charming stories from his own boyhood and an assist from the master authors and thinkers of the Western tradition, Ten Ways to Destroy the Imagination of Your Child is a welcome respite from the overwhelming banality of contemporary culture. Interwoven throughout this indispensable guide to child rearing is a rich tapestry of the literature, music, art, and thought that once enriched the lives of American children. Ten Ways to Destroy the Imagination of Your Child confronts contemporary trends in parenting and schooling by reclaiming lost traditions. This practical, insightful book is essential reading for any parent who cares about the paltry thing that childhood has become, and who wants to give a child something beyond the dull drone of today's culture.

**Unbored** Joshua Glenn,Elizabeth Foy Larsen.2013-07-18 Unbored is the book every modern child needs. Brilliantly walking the line between cool and constructive, it's crammed with activities that are not only fun and doable but that also get kids standing on their own two feet. If you're a kid, you can: -- Build a tipi or an igloo -- Learn to knit -- Take stuff apart and fix it -- Find out how to be constructively critical -- Film a stop-action movie or edit your own music -- Do parkour like James Bond -- Make a little house for a mouse from lollipop sticks -- Be independent! Catch a bus solo or cook yourself lunch -- Make a fake exhaust for your bike so it sounds like you're revving up a motorcycle -- Design a board game -- Go camping (or glamping) -- Plan a road trip -- Get proactive and support the causes you care about -- Develop your taste and decorate your own room -- Make a rocket from a coke bottle -- Play farting games There are gross facts and fascinating stories, reports on what stuff is like (home schooling, working in an office...), Q&As with inspiring grown-ups, extracts from classic novels, lists of useful resources and best ever lists like the top clean rap songs, stop-motion movies or books about rebellion. Just as kids begin to disappear into their screens, here is a book that encourages them to use those tech skills to be creative, try new things and change the world. And it gets parents to join in. Unbored is fully illustrated, easy to use and appealing to young and old, girl and boy. Parents will be comforted by its anti-perfectionist spirit and humour. Kids will just think it's brilliant.

[Summary & Analysis of Hunt, Gather, Parent](#) SNAP Summaries. PLEASE NOTE: This is a summary and analysis of the book and not the original book. SNAP Summaries is wholly responsible for this content and is not associated with the original author in any way. If you are the author, publisher, or representative of the original work, please contact info[at]snapsummaries[dot]com with any questions or concerns. In Hunt, Gather, Parent, Michaeleen Doucleff explores why raising kids is so hard today and offers time-tested strategies that parents can use to make their lives easier and get their children to be more cooperative and confident. What does this SNAP Summary Include? - Synopsis of the original book - Key takeaways from each chapter - How Western parenting differs from other styles of parenting around the world - Ways to motivate children that are more effective than praise and rewards - Tools to transmit desirable values and behaviors - Editorial Review - Background on Michaeleen Doucleff About the Original Book: Many Western parents would not imagine not praising, rewarding or punishing their children, not buying them toys, or leaving them to sleep on their own schedules. Yet this is the norm in many indigenous communities around the world, and the children raised this way turn out to be more helpful and self-assured than their Western counterparts. Drawing from science, her experiences as a mother, and her observations living within indigenous communities in Mexico, Tanzania, and the Arctic, Michaeleen Doucleff explains how parents can get their children to do chores voluntarily, behave appropriately, and grow into kind and self-sufficient people. Any parent who feels exhausted or defeated by all the work and yelling they have to do at home will find Hunt, Gather, Parent a handy guide to reclaiming their life. DISCLAIMER: This book is intended as a companion to, not a replacement for, Hunt, Gather, Parent. SNAP Summaries is wholly responsible for this content and is not associated with the original author in any way. If you are the author, publisher, or representative of the original work, please contact info[at]snapsummaries.com with any questions or concerns.

[Because I Said So!](#) John Rosemond.1996-08 Contains over three hundred sixty tips on raising children including common sense advice on spoiled children, sibling rivalry, and television issues.

*The Idle Parent* Tom Hodgkinson.2010-05-13 This wise and funny book presents a revolutionary yet highly practical approach to childcare: leave them alone. The Idle Parent came as a huge relief to the whole family. Suddenly, it was okay to leave the kids to sort it out among themselves. Suddenly, it was okay to be responsibly lazy. This is the most counterintuitive but most helpful and consoling child-raising manual I've yet read.-- Alain de Botton, author of The Pleasures and Sorrows of Work and The Consolations of Philosophy The most easy-to-follow-without-being-made-to-feel-inadequate parenting manifesto ever written . . . A godsend to parents.--The Sunday Times Add liberal doses of music, jovial company and deep woods to play in--all central to the idle, not to say Taoist, life--and you have a recipe for bright, happy people with need of neither television nor shrink. Who could ask for more?--The Evening Standard In The Idle Parent, the author of The Freedom Manifesto and How to Be Idle applies his trademark left-of-center theories of idleness to what can be one of the thorniest aspects of adult life: parenting. Many parents today spend a whole lot of time worrying and wondering--frantically helicoptering over their children with the hope that they might somehow keep (or make?) them flawless. But where is this approach to childcare getting us? According to Hodgkinson, in our quest to give our kids everything, we fail to give them the two things they need most: the space and time to

grow up self-reliant, confident, happy, and free. In this smart and hilarious book, Hodgkinson urges parents to stop worrying and instead start nurturing the natural instincts toward creativity and independence that are found in every child. And the great irony: in doing so, we will find ourselves becoming happier and better parents.

**How to Be Idle** Tom Hodgkinson.2013-07-30 Yearning for a life of leisure? In 24 chapters representing each hour of a typical working day, this book will coax out the loafer in even the most diligent and schedule-obsessed worker. From the founding editor of the celebrated magazine about the freedom and fine art of doing nothing, *The Idler*, comes not simply a book, but an antidote to our work-obsessed culture. In *How to Be Idle*, Hodgkinson presents his learned yet whimsical argument for a new, universal standard of living: being happy doing nothing. He covers a whole spectrum of issues affecting the modern idler—sleep, work, pleasure, relationships—bemoaning the cultural skepticism of idleness while reflecting on the writing of such famous apologists for it as Oscar Wilde, Robert Louis Stevenson, Dr. Johnson, and Nietzsche—all of whom have admitted to doing their very best work in bed. It's a well-known fact that Europeans spend fewer hours at work a week than Americans. So it's only befitting that one of them—the very clever, extremely engaging, and quite hilarious Tom Hodgkinson—should have the wittiest and most useful insights into the fun and nature of being idle. Following on the quirky, call-to-arms heels of the bestselling *Eat, Shoots and Leaves: The Zero Tolerance Approach to Punctuation* by Lynne Truss, *How to Be Idle* rallies us to an equally just and no less worthy cause: reclaiming our right to be idle.

**Happy Kids: The Secrets to Raising Well-Behaved, Contented Children** Cathy Glass.2010-05-13 A fresh and practical guide to successfully managing children's behaviour - from babies to young adults.

**Mindful Decisions** Marie Vijendran.2012-06 In *Mindful Decisions* Marie Vijendran writes with authority both about decision making and the challenges of modern parenthood. Rather than being paralysed through an excess of information or the notion of making the best choice, we can free ourselves by tuning into our instincts. With the right conditions, we can find a balance between logic and emotion. The powerful visuals created in this book can be used to guide ourselves towards making decisions that are 'good enough'. *Mindful Decisions* is an elegant combination of the latest in decision making knowledge and the benefits of adopting a mindful attitude. Learn how to capitalise on an ability to stay in the moment and make a good enough decision for your family.

**The Art of Free Travel** Patrick Jones, Meg Ulman.2015-10-01 Patrick, Meg and their family had built a happy, sustainable life in regional Victoria. But in late 2013, they found themselves craving an adventure: a road trip. But theirs was a road trip with a difference. With Zephyr (10), Woody (1) and Zero their Jack Russell, they set off on an epic 6,000km year-long cycling journey along Australia's east coast, from Daylesford to Cape York and back. Their aim was to live as cheaply as possible – guerrilla camping, hunting, foraging and bartering their permaculture skills, and living on a diet of free food, bush tucker, and the occasional fresh road kill. They spent time in Aboriginal communities, joined an anti-fracking blockade, documented edible plants, and dodged speeding cars and trucks on the country's most dangerous highways. *The Art of Free Travel* is the remarkable story of a rule-breaking year of ethical living.

**Diapers To Dorms** Randy Pardue.2018-09-15 YOU NEED A PLAN BECAUSE THERE ARE NO DO-OVERS IN PARENTING! Let's be honest, raising kids is hard. At any given stage of parenting, we find ourselves frustrated at not being confident about what we should be doing. We wonder if we are too hard or too soft on our toddler. We're not sure we are teaching our grade schoolers everything they need to succeed, and we feel like we're losing control of our high schooler. We ask ourselves questions like, Am I good enough? Am I doing the right things? Do my kids love me? We all intend to raise good kids who turn out right, but it isn't good intentions that will get us our desires. It is direction, the ability to take steps in the direction that will give us confidence that we are raising kids who will turn out right. Author Randy Pardue and his wife Tammy, struggled with these thoughts as well, until he applied the same principles he learned in building his own home, and in building a student ministry. He created a blueprint. It worked for them and it will work for you. After reading this book, Parents will: have a new found confidence in their day-to-day parenting abilities. Know each of their child's unique personalities and how to connect. Clearly see what is important at each stage of the child's life. Possess a plan of action to shape the child in the areas of body, mind, heart and soul. When it's all said and done, you want to raise kids you actually like, who others like, and who like themselves.

**Minimalist Parenting** Christine K. Koh, Asha Dornfest.2013 Families face a bewildering array of choices in all things: entertainment, technology, education and even child-rearing philosophies. Parenting experts Christine Koh and Asha Dornfest present a minimalist approach to family life to help you pare away the extraneous and leave room for the remarkable. They advise putting yourself firmly in charge of making it up as you go along and having as much fun as you can along the way. Their tips and insights, while mostly just common sense, cut through the noise to give you more of what you actually want: quality time with your family. Though the authors teach that you can't do everything, the book touches on a whole lot of concerns that need simultaneous attention; Koh and Dornfest suggest slow but steady progress. *getAbstract* recommends their advice to help you achieve a family life with enough time for work and play, with more joy and less struggle. Who doesn't want that?

*Raising Good Children* Thomas Lickona.1985 A celebrated guide to teaching children values, respect, and responsibility, this worthwhile book has more than 150,000 copies in print in previous editions. An excellent book on a vastly neglected aspect of raising children.--Dr. Fitzhugh Dodson (*How to Parent, How to Father*).

*Mum Hacks* Tanith Carey.2016-04-01 Family life is pretty chaotic at the best of times and as any busy mum knows it can be an uphill battle to get out of the house in the morning let alone meet the demands of work deadlines. In her witty easy to read style, Tanith Carey encourages mums to banish the dream of becoming the ultimate supermum and brings them innovative, new ways to make life at home less chaotic and avoid meltdowns. With tried-and-tested advice for fellow working mums who feel like they are on the stopwatch from the moment they wake up, the book is a hands-on guide to fitting it all in, finding a routine and stressing less about the small stuff. Find out how to: Head off mess before it happens and choose toys which won't leave your home looking like a bomb-site Throw together a nutritious school lunchbox - in just ONE minute Get your children to do what you ask the FIRST time, not the twentieth Dress your kids in less time and get out of the house quicker Get your life back and yes, spend time with your partner

**How to be a Happier Parent** KJ Dell'Antonia.2020-06-02 An encouraging guide to helping parents find more happiness in their day-to-day family life, from the former lead editor of the New York Times' *Motherlode* blog. In all the writing and reporting KJ Dell'Antonia has done on families over the years, one topic keeps coming up again and again: parents crave a greater sense of happiness in their daily lives. In this optimistic, solution-packed book, KJ asks: How can we change our family life so that it is full of the joy we'd always hoped for? Drawing from the latest research and interviews with families, KJ discovers that it's possible to do more by doing less, and make our family life a refuge and pleasure, rather than another stress point in a hectic day. She focuses on nine common problem spots that cause parents the most grief, explores why they are hard, and offers small, doable, sometimes surprising steps you can take to make them better. Whether it's getting everyone out the door on time in the morning or making sure chores and homework get done without another battle, *How to Be a Happier Parent* shows that having a family isn't just about raising great kids and churning them out at destination: success. It's about experiencing joy--real joy, the kind you look back on, look forward to, and live for--along the way.

*Mindful Parenting Habits* S. J. Scott, Barrie Davenport.2020-01-05 *Mindful Parenting Habits* details 26 easy-to-apply practices to help you become more present as a parent of young children.

**Governance of Educational Trajectories in Europe** Andreas Walther, Marcelo Parreira do Amaral, Morena Cuconato, Roger Dale.2016-05-19 Drawing on findings from a large EU-funded research project that took place over three years, this book analyses educational trajectories of young people in eight European countries: Finland, France, Germany, Italy, the Netherlands, Poland, Slovenia and the United Kingdom. Contributors explore interactions between structural and institutional contexts of educational trajectories, the individual meaning attached to education and the strategies adopted by young people to cope with its demands. The book also analyses the decision-making processes of individual students, placing them firmly within the social contexts of their families, local schools, national education systems and welfare states, as well as transnational policy contexts. In considering educational disadvantage, the book is based on primary, cross-national research with systematic analysis of the different themes addressed. As every chapters is co-authored by two or

three researchers, each based in a different country, the book goes beyond the usual country-based chapter design to provide an enriched insight into both comparative theory and research methods.

**The Idle Parent** Tom Hodgkinson.2009-03-05 The Idle Parent is Tom Hodgkinson's radical parenting remedy against stifled, mollycoddled children. Modern life is wrecking childhood. Why can't we just leave our kids alone? If you've ever wondered why so many of today's children are unhappy, spoiled, stressed and selfish, then the answers and the remedy are to be found in The Idle Parent. Tom Hodgkinson wants us to leave our kids be, to give them the space and time to grow into self-reliant, confident, inquisitive, happy and free people. Full of practical tips of what to do and (more importantly) what not to do, Tom will not only help your kids be happier, but also help you, their parents, live happier and more fulfilled lives. 'Wise, practical, funny, personal, it will make you a much better parent' Oliver James 'An inspiring book, genuinely subversive. Time to put away silly adult things and embrace childhood in all its messy glory' London Lite 'A recipe for bright, happy people with need of neither television nor shrink. Who could ask for more?' Evening Standard 'An original, thought-provoking book' Toby Young, Mail on Sunday Tom Hodgkinson is the founder and editor of The Idler and the author of How to be Idle, How to be Free, The Idle Parent and Brave Old World. In spring 2011 he founded The Idler Academy in London, a bookshop, coffeehouse and cultural centre which hosts literary events and offers courses in academic and practical subjects - from Latin to embroidery. Its motto is 'Liberty through Education'. Find out more at [www.idler.co.uk](http://www.idler.co.uk).

**Cotton Wool Kids** Stella O'Malley.2015-02-13 What has happened to Irish childhood? Parents are keeping their children indoors for fear of predators lurking around every corner and children are spending their days in front of screens or in supervised activities, over-controlled and growing steadily fatter and more unhappy. But it doesn't have to be like this. Commercial interests ensure parents feel anxious and filled with fear simply to sell them more stuff, when in fact childhood has never been safer; the rates of child mortality, injury and sexual abuse are lower today than at any time since records began. Cotton Wool Kids exposes the truth behind the scary stories and gives parents the information and the confidence to free themselves from the treadmill of after-school activities and over-supervision that has become common today. The author provides parents with strategies to learn how to handle the relentless pressure from society and the media to provide a 'perfect' childhood and instead to raise their children with a more relaxed and joyful approach, more in touch with the outdoors and the community around them.

**Raising Up a Family to the Lord** Gene R. Cook.2013-11-01

**Mothers Work!** Jessica Chivers.2011-06-06 While the seemingly perfect celebrities in glossy magazines may make juggling family life with a career look effortless, the reality is that reaching equilibrium without going insane requires support and some excellent advice! Mothers Work! dissects and discusses the burning issues playing on these mothers' minds, with a warm, encouraging voice that nudges women to be proactive and gently draws mums away from the pressure of perfection. Jessica shows us that 'it's good to be good enough' and explains how to do it! This book will help you to: know your ideal work scenario; keep in touch and ask for what you want; see your family as a team; find childcare that fits your family; get a grip on guilt; go for 'good enough' at home; get organised for a smooth return; do what it takes to thrive.

**Zehou Li and the Aesthetics of Educational Maturity** Flora Liuying Wei.2022-09-19 This book articulates a unique conception of aesthetic educational philosophy and its relation to the Chinese world, drawing on the works of the prominent contemporary Chinese philosopher Zehou Li. The book outlines an aesthetics approach to educational maturity that recognises both the contributions of Western Enlightenment ideals and Chinese traditions, paving the way for an inclusive and post-comparative philosophy. It offers a nuanced discussion of Zehou Li's thought and how his work can be framed at the border between traditional and modern China, between China and the West. The book combines a discussion of aesthetics with educational theory and considers their combined implications for educational practice (in particular in the first-person perspectives of students, parents and teachers), in both local and global contexts. Providing a way of doing philosophy of education that carefully considers interactions and overlaps between Western and Chinese civilisation, the book will be of great interest to researchers, academics and postgraduate students in the fields of educational philosophy, educational theory, and Chinese and cross-cultural philosophy.

**Parenting Out of Control** Margaret K. Nelson.2012-03 They go by many names: helicopter parents, hovercrafts, PFHs (Parents from Hell). Drawing on a wealth of eye-opening interviews with parents across the country, Margaret K. Nelson cuts through the stereotypes and hyperbole to examine the realities of what she terms parenting out of control. Situating this phenomenon within a broad sociological context, she finds several striking explanations for why today's prosperous and well-educated parents are unable to set realistic boundaries when it comes to raising their children. Analyzing the goals and aspirations parents have for their children as well as the strategies and technologies they use to reach them, Nelson discovers fundamental differences among American parenting styles that expose class fault lines, both within the elite and between the elite and the middle and working classes. Today's parents are faced with unprecedented opportunities and dangers for their children, and are evolving novel strategies to adapt to these changes -- this lucid and insightful work provides an authoritative examination of what happens when these new strategies go too far.

**Kids These Days** Malcolm Harris.2017-11-07 In Kids These Days, early Wall Street occupier Malcolm Harris gets real about why the Millennial generation has been wrongly stereotyped, and dares us to confront and take charge of the consequences now that we are grown up. Millennials have been stereotyped as lazy, entitled, narcissistic, and immature. We've gotten so used to sloppy generational analysis filled with dumb clichés about young people that we've lost sight of what really unites Millennials. Namely: We are the most educated and hardworking generation in American history. We poured historic and insane amounts of time and money into preparing ourselves for the 21st-century labor market. We have been taught to consider working for free (homework, internships) a privilege for our own benefit. We are poorer, more medicated, and more precariously employed than our parents, grandparents, even our great grandparents, with less of a social safety net to boot. Kids These Days is about why. In brilliant, crackling prose, early Wall Street occupier Malcolm Harris gets mercilessly real about our maligned birth cohort. Examining trends like runaway student debt, the rise of the intern, mass incarceration, social media, and more, Harris gives us a portrait of what it means to be young in America today that will wake you up and piss you off. Millennials were the first generation raised explicitly as investments, Harris argues, and in Kids These Days he dares us to confront and take charge of the consequences now that we are grown up.

**Selfish Reasons to Have More Kids** Bryan Caplan.2011-04-12 We've needlessly turned parenting into an unpleasant chore. Parents invest more time and money in their kids than ever, but the shocking lesson of twin and adoption research is that upbringing is much less important than genetics in the long run. These revelations have surprising implications for how we parent and how we spend time with our kids. The big lesson: Mold your kids less and enjoy your life more. Your kids will still turn out fine. Selfish Reasons to Have More Kids is a book of practical big ideas. How can parents be happier? What can they change -- and what do they need to just accept? Which of their worries can parents safely forget? Above all, what is the right number of kids for you to have? You'll never see kids or parenthood the same way again.

**The New York Times Magazine** .2009

**A Stay at Home Dad's Guide to Raising Extraordinary Kids** Dr Kester,Jon Kester.2022-01-13 Congratulations to all the men and women out there who are blessed to be called parents and who take the time to care about how their children grow up. There is no greater privilege in life than bringing a tiny new human into this world and then trying to raise him or her properly during their childhood. Being a parent means to raise a child with the utmost love and passion so they can have a successful life. Parents must take into account that raising extraordinary kids requires all the intelligence, wisdom, and determination they will be able to muster. This book will help you become a wiser, more determined parent with the easy to follow month by month parenting plan. A solid, intact parenting plan will have a significantly positive impact on a child's present and future wellbeing and offers countless benefits for both parents and children. In fact children who grow up in homes where parents have strategies for success are less likely to experience a wide range of problems (academic, social, emotional, cognitive), not only in childhood but later on in adulthood as well This book make sure that parents always keep in mind that Mothers and Fathers shape the future of the world, because

they shape their children.

**The Ultimate Guide to Parenting** .2015-05-16 There are a million parenting books on the market claiming to have the secrets to turning your children into the smartest, happiest, hippest, best nourished, fittest, most attractive, best behaved, and the list goes on. They offer a never-ending litany of often-conflicting advice about everything from breastfeeding to types of discipline to how to get your kid into the Ivy Leagues. It's enough to make any new parent sob with frustration. It's easy-and common-to get overwhelmed by the sheer number of opportunities there are to screw up, and never have these opportunities been more widespread than in twenty-first century America. The fact is, parenting can be hard to navigate, and there are definitely some wrong ways to go about it, but it's also the most fun, exciting, rewarding experience you'll ever have, and, despite the constant worry (we can't do anything to make that go away, unfortunately), you should be enjoying the unique opportunity to be the parent of your children. The purpose of this book entitled *The Ultimate Guide To Parenting: How To Raise Children Without Screwing Them Up* by author Britney Watkins is to help you see through the myths and the outright lies that a complicated cultural web has tossed at you and to help you make confident decisions about how you raise your children. The information in this book will bring you through each stage of child development-infancy, toddlerhood, preschool, grade school, and adolescence with useful information on how children's brains develop, an overview of the parenting and real life anecdotes that illustrate what the heck we're talking about. Between each of the main chapters, we'll address relevant topics that parents often find themselves in a quandary over: What does self-esteem actually mean? How do I deal with the judgment of my peers? What is the most effective way to listen to my children? Is it selfish of me to take time off from my kids? I chose to have children, so is it okay to ask for help from other people? Why is letting go so hard? This book doesn't aim to teach you how to raise the perfect child-no child is perfect, and you won't be either. The simple aim of this book is to inform you of the things you can do, or not do, to raise them without screwing them up.

*Less Parenting, More Joy* Gabrielle Stanley Blair, Ben Blair.2024-10-15 Part memoir, part polemic, Design Mom blogger Gabrielle Blair and her husband, educator Ben Blair--parents to six kids ages 12-25--offer up an unexpected parenting guide that encourages overwhelmed parents to let go of tired expectations of what it means to be a good parent, and instead lean into adventure and embrace uncertainty (for their sake, and their kids'). As parents to six kids, ages 12-25, Gabrielle and Ben Blair have been raising kids for over two decades. Through the years, they've charted their own unconventional path: working from home before remote work was a thing; uprooting their kids four, five, six times - including a move to France where they enrolled in local schools without knowing the language. It's been a unique parenting journey characterized by experimentation, trial and error, decisions prompted by financial or psychological necessity, varying levels of anxiety and tension, despair, and hope. This unique path turned out to be fertile soil for growing independent, resilient, and creative kids, and a family that is genuinely close and truly enjoys each other's company. With this book they share how they did it, and how we can too: by letting go of tired expectations of what it means to be a good parent (focus less on grades and more on seeing your kid for who they are); by accepting that the old rules won't necessarily apply in the future (changes in higher ed and career-building are evolving at a rapid pace) and instead focus on making your time with your kids one of connection, adventure, shared projects, creativity and joy. And it doesn't require moving to France! Instead, it's about creating a family life that embraces change and uncertainty instead of running from it. One encourages shared experiences and adventure and values connection above all else. Hard things will still happen - it's life, after all - and goal is never perfection, but resilient kids and a family bond that that can bend, but not break.

**Balderdash** Antti P. Balk.2012 Discussing everything from God to Santa Claus, Prozac to the Taliban and beyond, the author asserts that ethics is balderdash.

**There's No Such Thing as Bad Weather** Linda Åkeson McGurk.2017-10-03 Bringing Up Bébé meets Last Child in the Woods in this "fascinating exploration of the importance of the outdoors to childhood development" (Kirkus Reviews) from a Swedish-American mother who sets out to discover if the nature-centric parenting philosophy of her native Scandinavia holds the key to healthier, happier lives for her American children. Could the Scandinavian philosophy of "There's no such thing as bad weather, only bad clothes" hold the key to happier, healthier lives for American children? When Swedish-born Linda Åkeson McGurk moved to Indiana, she quickly learned that the nature-centric parenting philosophies of her native Scandinavia were not the norm. In Sweden, children play outdoors year-round, regardless of the weather, and letting babies nap outside in freezing temperatures is common and recommended by physicians. Preschoolers spend their days climbing trees, catching frogs, and learning to compost, and environmental education is a key part of the public-school curriculum. In the US, McGurk found the playgrounds deserted, and preschoolers were getting drilled on academics with little time for free play in nature. And when a swimming outing at a nearby creek ended with a fine from a park officer, McGurk realized that the parenting philosophies of her native country and her adopted homeland were worlds apart. Struggling to decide what was best for her family, McGurk embarked on a six-month journey to Sweden with her two daughters to see how their lives would change in a place where spending time in nature is considered essential to a good childhood. Insightful and lively, *There's No Such Thing as Bad Weather* is a fascinating personal narrative that illustrates how Scandinavian culture could hold the key to raising healthy, resilient, and confident children in America.

**Parenting Under Stress** Dr. Maha Broum Ph.D..2012-10-01 This book is intended to raise parents awareness of stress they and their children go through as they face the pressures of modern life. When parents become aware of these pressures they can deal with them, model a positive attitude to their children, and help children express and manage their emotions in order to ensure a healthier development of children and a better relationship in the family. The book is divided into four chapters: Chapter 1 explores sources of stress in modern life while Chapter 2 demonstrates how stress impacts parenting through the elements: academic pressure, extracurricular activities, and toys. Chapter 3 lays out the intellectual, emotional, physical and social symptoms suffered by children of stressed-out parents. Ways out of the rat race are portrayed in Chapter 4.

**New Statesman** .2009

**Artful Parenting** Judi Holdeman.2013-03-21 The tips for raising kids in *Artful Parenting* are for use by parents who . . . want to have happy, well-adjusted kids. desire to raise their children in a more positive and nurturing environment than they may have experienced in their own childhood. want to be in charge of their children in a responsible and loving way and not have their kids be in charge of them. want to teach their children to have respect for themselves and others. want to have a handle on giving their children choices. believe in disciplining children and dont want to hit or beat them. want their kids to be truthful with them. want to start right with their kids instead of wishing theyd done it differently after raising maladjusted little terrors.

**The Family Game** Dr Paul Gaffney.2018-02-13 *What Sport and Psychology Teach Us About Parenting* 'It's no accident, I think, that tennis uses the language of life. Advantage, service, fault, break, love, the basic elements of tennis are those of everyday existence, because every match is a life in miniature.' Andre Agassi Dr. Paul Gaffney has used his experience of working as a clinical and counselling psychologist with children, adults and families experiencing a wide range of problems, and with athletes and coaches striving for excellence, to write this book which will outline practical strategies for living better lives together. The book takes its lead from the stories of inspirational sportspeople and teams. These are supported by, and linked to, psychological knowledge and practice. Sport can reflect all that is good and bad in people. We have seen fabulous success achieved following great dedication, world class performances reflecting incredible skill and a win at all costs attitude leading to, in some cases, cheating and doping. In sport as in life, we can experience the entire rollercoaster of emotions: elation, heartbreak, exhaustion, vindication, hopefulness or helplessness. This book aims to help parents and families face up to and deal with 20 difficult questions, and provide clear advice, direction and resources. It will show you practical things you can try and idea for further reading and information to help you and your family.

**Childhood Unplugged** Katherine Johnson Martinko.2023-07-11 Ditch the devices and bring back the magic of being a kid Screens are everywhere. Children spend an average of 7.5 hours on digital devices every day with profoundly negative consequences. While some tech may amplify real-life experience, the vast majority undermines it by limiting physical activity, creating anxiety, or damaging self-esteem. *Childhood Unplugged* takes a bold approach to creating healthy boundaries around the use of digital media. Drawing on her own family's experience, plus interviews with digital minimalists, educators, and child development experts,

Katherine Martinko presents: Meticulously researched analysis of the impacts of excessive screen time on children's physical, neurological, emotional, and social development Specific pathways to reduced screen exposure, naturally leading to more time spent outdoors, increased confidence and empathy, and more creative and active play Inspiration for caregivers overwhelmed by the thought of severing ties with the digital babysitter Age-appropriate advice for parents of babies and toddlers, school-aged children, and adolescents. Taking a calming, nonjudgmental approach, Childhood Unplugged is a lifeline for parents, caregivers, educators, and anyone who questions the role of digital media and yearns for the young people in their life to experience the profound beauty and magic of childhood.

*How to Raise Children Successfully* Wayne Evans.2010-07-07 'How to raise children successfully' is a parenting guide that every parent should have. The book contains 11 chapters on key topics that parents should proactively do with their children to ensure they raise, happy, healthy, contented and rounded children. Each chapter has up to 15 questions on a development area, which the author answers from his experience in raising his own children. The book is a guide to help parents steer their children into adulthood, as valuable and prepared individuals. One of the key teachings is to be the best parent you can be and to have no regrets in 30 years time. You don't get a second chance with doing the most important job in the world! So, you need a fair amount of discipline and focus to succeed. They are after all, worth it ... A recent testimonial: A Transformational Book on Parenting and Childhood. By Bolaji O Wow. Wayne Evans' How to Raise Children Successfully gives us parents practical advice about raising their children. Don't let the underspoken book cover fool you. This could be one of the most powerful books you have ever brought into your home... for your family life. IF you put it into action. There's so much good stuff in this book - this is one you can refer to throughout your kid's childhood. I found the ideas for a packed lunch SUPER USEFUL! (...we struggle to come up with new healthy foods to include in the lunchbox every day.) Wayne reinforced the fact that trans-fats are addictive... and talked about how important it is to not label pizza, and McDonald's as treats. That will only make kids crave them more! The Jamie Oliver Ministry of Food tip? Priceless! The solution to not getting enough sleep? Valuable! Things like quality time, showing outward affection, long walks on cold days, having a to-do list for the weekends, and the power of the outdoors! I love the Billy Connolly quote: There is no such thing as inclement weather, just inappropriate clothing. Ha! Brilliant! For those with older kids, Wayne talks about how communication can erode as kids get older... and what to do about that. And Don't miss the chapter about catching them being good! Talk less of the super-sneaky tactic on positive reverse psychology! I'll leave you with a one more nugget - but I'm really just giving you the tip of the iceberg. The Treasure Box idea? A must have for every family. TRUST ME. This is a FANTASTIC BOOK - parents everywhere will find their families transformed, when they put just 2 or 3 of these golden nuggets into effect. Scroll up, get this, and read it with your spouse tonight. It's that good.

**Raising Kids Who Blossom** Kathy Slattengren.2018-09-04 In this practical book, Kathy Slattengren, parenting expert and author of award-winning Priceless Parenting's online parenting classes, offers healthy parenting strategies. Using these ideas will help your children blossom - growing into their best selves. You will learn parenting approaches that work well based on research and use in actual families. Key elements for guiding and encouraging your kids are explained using real-life stories. You'll also discover parenting techniques to avoid - tempting though they may be! When you put in place these best practices, you can expect a lot more joy and a lot less yelling and nagging. Raising Kids Who Blossom covers a wide range of topics. You'll find parenting advice for things like: getting your kids to respond the first time you ask guiding your children to solve their own problems standing firm without arguing helping your kids develop habits to succeed in school setting limits on digital media usage giving your children appropriate responsibility noticing red flag behaviors that indicate serious problems defining and practicing your family's top moral values practicing essential, stress reducing self-care following your parenting intuition Questions at the end of each section help you determine how to use the ideas with your own family. The book includes 20 positive approaches for responding to your children's misbehavior. Since each child is different, you'll be able to find a response that works best for you. You'll also learn how to help your kids build life skills. These skills will allow them to successfully launch as capable young adults. Whether your kids are toddlers or teens, you'll be helping them grow into responsible, caring people. Parenting can be a pleasure or a pain. When you have the right tools, you will experience more pleasure. Raising Kids Who Blossom gives you tools for effectively handling day-to-day struggles. This book will help you guide your kids to blossom into their own beautiful, brilliance!

[The Happy Kid Handbook](#) Katie Hurley.2015-10-20 With all the parenting information out there and the constant pressure to be the perfect parent, it seems as if many parents have lost track of one very important piece of the parenting puzzle: raising happy kids. Author Katie Hurley shows parents how happiness is the key to raising confident, capable children--

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